

Georgios Lapousis, Curriculum Vitae

Dr. Georgios Lapousis is an Education Quality Supervisor in the Prefecture of Trikala and an Education Consultant in Physical Education with scientific and pedagogical responsibility for the Prefectures of Karditsa and Trikala. His work focuses on the enhancement of educational quality, the advancement of pedagogical practices, and the continuous professional development of Physical Education teachers across both primary and secondary levels.

From 2018 to 2023, Dr. Lapousis served as **Coordinator of Educational Work (C.E.W.) in Physical Education** at the Regional Directorate of Education of Thessaly. In this role, he provided comprehensive scientific and pedagogical guidance to Physical Education educators throughout the region, supporting curriculum implementation, instructional improvement, and evidence-based practice.

He previously held two consecutive tenures as **School Advisor for Physical Education**, first from 2007 to 2012 and subsequently from 2012 to 2018. During these appointments, he oversaw the scientific and pedagogical direction of Physical Education in the Prefecture of Larissa, contributing substantially to teacher development, educational planning, and regional support structures.

Dr. Lapousis has authored both Greek- and English-language monographs on Physical Education and has published research articles in peer-reviewed scientific journals. His academic contributions extend to participation in numerous national and international conferences, seminars, and training programs. With more than **1,200 hours of recognized professional development**, he has also organized and led seminars, workshops, and training initiatives for Physical Education teachers and has served as an instructor in Regional Training Centers (P.E.K.).

He is a graduate of the **School of Physical Education and Sport Science (TEFAA)** of the Aristotle University of Thessaloniki. He completed his **Master's degree** at the Democritus University of Thrace (Pedagogy, 2001) and earned his **PhD in Physical Education** in 2007, focusing on the impact of physical activity and nutrition interventions on cardiovascular risk factors in youth.

Furthering his academic training, Dr. Lapousis completed additional studies in the **Department of Medical Laboratories** at the University of Thessaly and obtained a **second Master's degree** from the University of the Aegean (2014) titled "*Models of Design and Development of Educational Units,*" with a dissertation examining the role of the school principal in contemporary multicultural settings.

Today, his work continues to center on educational improvement, scientific guidance of teaching staff, and the promotion of quality and innovation within the Greek educational system.